

Ageing Strong

Bindjareb

 **Wednesday, 20th November**

 **10am - 2pm**


 **Mandurah Bowling Club**
(89 Allnutt Street)

Join us for some valuable information from a range of organisations dedicated to helping you age strong. Come and yarn about dementia, participate in games, and enjoy a sit-down lunch (RSVP required).

Please RSVP by Wednesday, 6th November



For more information, contact SWAMS Engagement Team

 (08) 9791 1166

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