

Self-assessment tool

Are you experiencing elder abuse?

Please tick the box(es) applicable to you.

- Someone has prevented me from getting food, clothes, medication, glasses, hearing aids or medical care.
- Someone has prevented or discouraged me from being with people I wanted to be with.
- I've been upset because someone talked to me in a way that made me feel shamed or threatened.
- Someone tried to force me to sign papers or tried to use my money against my will.
- Someone made me afraid, touched me in ways I did not want, or hurt me physically.
- Someone has moved into my home and isn't contributing to living expenses or rent despite previously agreeing to.
- Someone has taken my personal items such as car, mobile or laptop, and now I feel isolated.

If you ticked any of these boxes, we encourage you to call us on **1300 724 679** for a confidential conversation with an experienced Advocate.

We can support you by listening to your experience, providing you with options, and connecting you with other helpful services like legal advice, counselling or in-home support.