

## **Older Together, A Community Conversation Near You**

**Seniors living in regional Western Australia are invited to attend a free community workshop about ageing in Donnybrook on 24 February 2020.**

The discussions will be included in a series of interactive workshops touring the State, running from February until June 2020.

The workshop is free to attend and open to people of all ages.

The 'Older Together' workshop, taking place from 10:00am until 12:00pm on Monday 24 February at the Donnybrook Library, aim to promote discussion around three main themes:

- What is the role of older people in your community?
- What supports and networks are available for older people in your community?
- What are the risks of social isolation and elder abuse?

Hosted by Advocare, an organisation dedicated to supporting and protecting the rights of older West Australians, the workshops have been funded by the Department of Communities WA.

Advocare's CEO, Diedre Timms, said elder abuse had become an important and growing issue for seniors. "Among the different forms of elder abuse, financial abuse is the most common." Ms Timms said. "However, it's never too late to look at how we can protect ourselves as we age," she said.

"We hope that people who attend the session will leave more aware of the risk factors for elder abuse, with a greater understanding of the rights of older people and what we can all do to support older people in their community."

To find a session near you, visit the Advocare website: [www.advocare.org.au](http://www.advocare.org.au) or call 1800 655 566. Complimentary refreshments will be provided at each event.

**[www.advocare.org.au](http://www.advocare.org.au)**

**Phone** 08 9479 7566

**Country callers** 1800 655 566

**WA Elder Abuse Helpline** 1300 724 679