

# Advocare

Empowering People



Power, respect and  
informed choice for older people.

**Advocacy | Information | Education**

# About Advocare

Advocare is an independent, community-based, not-for-profit organisation that supports and protects the rights of older people in Western Australia through information, advocacy and education.

We enable older people to make informed choices that best suit them. We assist older people to understand their rights, resolve any issues with aged and community care service provision, and access the right supports and protections available.





## How we help

Our services are free, confidential and guided by the older person. We assist by providing:

- Advocacy – walking alongside the older person, every step of the way;
- Information – rights and access to aged care;
- Education – raising awareness and understanding;
- WA Elder Abuse Helpline – free confidential information and support; and
- Volunteering – to capture life stories of older Australians.



## Information & Advocacy

Advocare is a human rights organisation providing an independent voice to ensure the rights and wellbeing of older members of the West Australian community are supported and protected.

A large part of our work involves advocating for older people and their families.

Our advocates support older people to advocate for themselves in a range of ways:

- Providing information to better understand rights and what service options are available;



- To make informed decisions about services;
- To raise a concern or make a complaint with a home care or residential care service provider if rights are not being upheld;
- Providing support, information and resources to assist those at risk of, or experiencing elder abuse; and
- Providing referrals to other necessary services.

In some circumstances our advocates may advocate on behalf of the older person.

## Education

Advocare offer a free, WA state-wide education program.

We work to raise public awareness and understanding of older people's rights. We encourage and empower communities where everyone is heard, valued and safe.

Sessions are free for:

- People accessing or eligible to access home care and residential care;
- Community members and groups; and
- Health professionals working with older people, and home care staff and carers.

These sessions are interactive and can be tailored according to the group's requirements.





**For further information or to make a booking, please contact us.**

**Email:** [rights@advocare.org.au](mailto:rights@advocare.org.au)

**Phone:** 1800 655 566



## Elder Abuse

Elder abuse is defined by the World Health Organisation (WHO) as a single or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust, which causes harm or distress to an older person.

As with many forms of abuse it is hard to speak out. Sometimes it is even hard for someone to admit.

When elder abuse happens within families often people are reluctant to seek help and are fearful of reprisals. We are here to listen and offer information and support.

It's important to note that we will not intervene or take any action without the older person's consent.







## How to stay safe as you get older:

- Stay connected to friends and other people in the community
- Receive home care services
- Formalising family arrangements e.g. Enduring Power of Attorney, Enduring Power of Guardianship, Advance Health Directive, Wills

If you are at risk of, or experiencing elder abuse please contact our free and confidential helpline:

**WA Elder Abuse Helpline**  
**1300 724 679**



## **Get involved**

As an independent, not for profit organisation providing a range of free and confidential advocacy and information services, Advocare plays a vital role in ensuring older members of our community are supported and their rights are protected.

You can help us in our work by making a donation or volunteering your time.

If you would like to make a donation please visit our website. Donations of \$2.00 or more are tax deductible.



**For more information please visit  
our website or contact us.**

**Website:**

**[www.advocare.org.au/  
get-involved](http://www.advocare.org.au/get-involved)**

**Phone: 1800 655 566**

**Donate**

**Email: [rights@advocare.org.au](mailto:rights@advocare.org.au)**

**Volunteer**

**Email: [volunteer@advocare.org.au](mailto:volunteer@advocare.org.au)**



# Advocare

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## Contact Us

The Perron Centre  
Suite 4/61 Kitchener Ave  
Victoria Park WA 6100

**Perth Metro: 08 9479 7566**

**Country Callers (free): 1800 655 566**

**WA Elder Abuse Helpline: 1300 724 679**

**Email: [rights@advocare.org.au](mailto:rights@advocare.org.au)**

**[www.advocare.org.au](http://www.advocare.org.au)**

Advocare is supported by:

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